

HGR Drug Rehabs San Diego

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Drug & Alcohol Rehab San Diego, CA

drugrehabssandiego.com

How Long Is Drug Rehab in San Diego HGR Program Length The length of drug rehab treatment in San Diego varies significantly depending on the level of care, the substances involved, the clinical complexity of the individual case, and the client's response to treatment. HGR Drug Rehabs San Diego California provides multiple levels of care with different typical durations, and the clinical team determines an appropriate treatment plan length based on each client's specific situation. Drug detox typically lasts from several days to two weeks depending on the substance and the severity of dependence. Alcohol detox usually stabilizes within five to seven days, while opioid detox may take longer depending on which opioids were involved. The medical team monitors progress and determines when the client is medically stable for transition to the next level of care. Residential inpatient treatment typically ranges from 30 to 90 days, though some clients benefit from longer stays. Research consistently shows that longer treatment duration is associated with better outcomes, and clinical guidance recommends at least 90 days of treatment for most substance use disorders. HGR's clinical team [drug rehabs San Diego CA](#) will recommend **Informative post** a length of stay that matches the clinical picture rather than defaulting to the shortest option.

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The IOP phase typically runs for 60 to 90 days, with frequency stepping down as progress is made. Standard outpatient and aftercare programming can extend the supported recovery period well beyond the initial intensive treatment phase. Call HGR Drug Rehabs San Diego California at 760-697-0497 to discuss treatment length and what to expect. Available 24 hours at 402 W Broadway Suite 400, San Diego, CA 92101.