

Post Injection Recovery and Aftercare for Eye Treatments

Recovering from an intravitreal injection is usually straightforward, though knowing what is normal and what warrants a call to the clinic helps ease any post appointment uncertainty. Mild redness, watering or a gritty sensation in the treated eye are common in the first day or two and typically settle without any specific treatment. Most clinics advise avoiding rubbing the treated eye and being <https://www.retina-eye.co.uk/> cautious with swimming or activities that risk water entering the eye for a short period afterwards, though normal daily activities can usually resume the same day. Some people notice small floaters immediately after injection, related to the injection process itself, which usually clear within a few days. Symptoms that do need prompt attention include increasing pain rather than mild discomfort, significant vision change, unusual light sensitivity, or discharge from the eye, since these can occasionally indicate infection or other complications requiring urgent review. Clinics typically provide written aftercare instructions with clear contact details for concerns, and <https://www.medsecnet.org/why-early-amd-disease-treatment-matters/> keeping this information easily accessible for the days following treatment offers useful reassurance during the recovery period.