

What changes when a horse lives out?

When a horse lives out, the main thing to remember is that **horse feed** decisions should start with what the horse can already get from **roughage**. A horse living outside may spend most of the day grazing, picking through **pasture**, or eating hay or **haylage** if grass is short. That means the ration is often shaped more by fibre intake than by a bucket of hard feed.

Living out changes *nutrition, hydration, and energy requirements*. In dry, wet, cold, or muddy weather, a horse may burn more calories simply keeping warm and moving around. At the same time, grass quality can change significantly through the season, so the horse's **roughage** intake may be inconsistent. That is why condition, weather, and **workload** matter so much.

The most useful measure is **body condition score**. It tells you whether your horse is maintaining, losing, or gaining weight. A horse living out on good grazing may need little else, while a horse on poor pasture with a higher workload may need extra feed to support condition and performance. The goal is not to add feed by habit, but to match the ration to the horse's real needs.

For living-out horses, the usual priority is a **forage-first** approach. That means building the diet around grass, hay, or haylage, then adding a **concentrate**, balancer, or complete feed only if the forage supply does not cover all the horse's needs. This protects *digestive health* and supports more natural digestion through fibre.

What are the main types of horse feed?

There are a number of **types of horse feed**, and the right one depends on whether your horse needs more calories, added protein, vitamins and minerals, or simply a practical base diet. The primary categories are roughage, complete feeds, balancers, and traditional bucket feeds such as **mixes** and **cubes**.

Forage is the backbone. That includes grass from **pasture**, hay, and **haylage**. It delivers **fibre**, encourages chewing time, and helps maintain a well-functioning digestive system. For many horses living out, forage is all they need or nearly enough.

Complete horse feed is made to provide both fibre and a more even nutrient profile in one product. It can be useful when forage quality is poor, when a horse has a higher **workload**, or when owners want a simpler all-in-one option. A complete feed usually has a different *digestibility* profile from a plain cereal-based bucket feed, with more emphasis on fibre and carefully managed starch.

A traditional **mix** is often a more obvious **concentrate**, typically used to add energy. A **cube** is used for a similar role, though the formulation may be different. Cubes can be simpler to portion and may reduce selective feeding. Both may be useful for horses needing more **digestible energy**, but they are not automatically needed just because a horse is kept outdoors.

For many horses, a **feed balancer** is a smarter choice than a full hard feed. It gives concentrated **vitamins and minerals** with relatively little extra energy, making it useful for horses that keep condition well on forage but still need nutritional support. This is a common answer in **horse feed advice uk** discussions, especially for good-doers and horses on adequate grass.

Do living-out horses always need hard feed?

No. One of the main **horse feeding rules** is that hard feed should not be given just because a horse lives outdoors. If the horse has enough **forage** from **pasture**, hay, or haylage, and maintains an appropriate **body condition score**, then a forage-based ration may be all that is required.

Certain horses never need much more than grass and forage, particularly if they are inactive, easy keepers, or have low **workload**. Others may need extra support during winter, when grass sugar levels and availability change and the horse may need extra energy to stay warm. This is where a small amount of concentrate, a balancer, or a full **complete horse feed** can become useful.

The key is not to think in terms of "hard feed or nothing". Instead, think in terms of what the diet is missing. If pasture and forage provide plenty of fibre but not enough micronutrients, a balancer may be enough. If the horse is losing weight, a more energy-dense feed may be needed. If the horse has plenty of condition and only light work, adding concentrate may be unnecessary.

Another useful rule is that more feed is not always better. High starch diets can be harder on digestion, especially if the horse is already getting a lot from forage. For living-out horses, the safest approach is usually to improve forage quality first, then add a targeted feed only if required.

How do I choose the most suitable horse feed for my horse?

The smartest choice starts with careful assessment, not labels. Good **horse feed advice uk** is based on the horse in front of you: body condition, workload, age, appetite, forage access, and weather exposure. If you are looking for **horse feed for beginners**, the clearest principle is this: feed to cover what forage cannot.

A **horse feeding chart** can help you review options, but it should be treated as a guide rather than a fixed formula. A **horse feed calculator uk** tool can also help estimate requirements, especially for energy and ration size. However, it still needs to be reviewed against the horse's **body condition score** and actual behaviour, because metabolism varies from horse to horse.

Bifid UK

+44 800 422 0888

sales@bifid.co.uk

<https://bifid.com/uk/>

Use body condition, workload, and weather to guide the ration

Start with **body condition score**. If your horse is losing weight, the ration likely needs more **digestible energy** or better-quality forage. If the horse is maintaining condition, keep the diet steady. If the horse is gaining too much, reduce calories and review forage intake before cutting everything else.

Workload matters because exercise changes energy requirements. A horse in light hacking has very different needs from one in regular schooling, competition, or hard work. The more demanding the workload, **overweight horse feed** the more likely it is that forage alone will not cover needs. In colder months, **winter** also increases demand because the horse uses energy to maintain body temperature.

Weather, shelter, and grazing quality all affect the ration. Wet, windy conditions can raise maintenance needs. Poor grazing may reduce forage intake. If the horse cannot eat enough fibre from grass alone, adding hay, haylage, or a suitable bucket feed can help keep the diet balanced.

Where possible, choose feeds based on fibre, sensible starch levels, and predictable digestibility. Horses with higher sensitivity to starch or sugar often do better on forage-led diets with controlled energy rather than cereal-heavy options.

When to use a comprehensive feed, nutrient balancer, or straightforward forage-only diet

A **forage-only** diet works most effectively when pasture or preserved forage is plentiful and the horse maintains condition well. This is often ideal for easy keepers, retired horses, and some horses in light work. Even then, you should check whether the forage supply is delivering enough **vitamins and minerals**.

A **feed balancer** is often the middle-ground solution. It gives highly concentrated nutrients without much extra bulk or calories. This is especially useful if the horse lives out on good grass but still needs a nutritional safety net. It is a smart option for owners who want to avoid overfeeding while protecting nutrition and *gut health*.

Complete horse feed is practical when the horse needs convenience, extra calories, or a more well-rounded all-in-one ration. It can suit horses whose forage is limited or inconsistent, or owners who want to simplify feeding. Because it is designed as a complete ration, it can lessen the need to add multiple **supplements**.

If the horse needs extra condition, a carefully chosen concentrate may be appropriate, but it should be used with a clear purpose. Avoid choosing feeds simply because they sound “strong” or “rich”. Look at the nutritional analysis, especially starch, sugar, fibre, and energy levels.

How much horse feed should a horse living out get?

There is no single answer, but a useful **horse feeding chart** opens with forage intake and then adds feed according to condition and workload. A **horse feed calculator uk** can calculate the target amount, but the horse’s response is the ultimate test. The aim is to cover requirements without taxing the digestive system.

A practical framework is to consider **dry matter** and **daily ration**. Horses need a substantial amount of dry matter from forage each day, and living-out horses often get a large proportion of that from grazing. If pasture is poor, hay or haylage may need to make up the difference. Only after forage is covered should you decide whether a balancer, complete feed, or concentrate is necessary.

For easy keepers on good grazing, the daily ration may be forage-only with a small balancer. For horses in moderate work or those losing condition, a more calorie-dense complete feed or concentrate may be needed. For horses in heavier work, the ration may require more energy-dense feed, but always introduced gradually and split into **small meals**.

Watch for signs that the amount is wrong: dropping topline, dull coat, excessive weight gain, loose droppings, or reduced energy. If the horse is underperforming or losing condition, review forage quality before increasing concentrates. Often the answer is more or better forage, not just more bucket feed.

How much does horse feed cost?

Horse feed cost varies with the type of feed, the horse’s size, the amount fed, and the brand. A bag price can seem appealing or costly on its own, but the better question is the **daily feeding cost**. A less expensive bag may not be cheaper per day if you have to feed a lot of it, while a more concentrated feed may last longer.

Horse feed companies cost products differently depending on fibre content, balancer formulation, and whether the feed is designed as a complete ration or a concentrate. For example, some premium feeds may cost more per bag but deliver a more accurate nutrient package, meaning fewer extra supplements are needed.

When comparing cost, check:

- bag price and weight

- suggested daily feeding rate
- whether the feed includes vitamins and minerals
- how much forage must still be added
- whether extra supplements are needed

That comparison helps you judge true value rather than just the sticker price. A balanced diet built around forage, with a sensible balancer or complete feed, can often be better value than feeding multiple separate products.

What are the 10 guidelines of feeding horses?

The **10 rules of feeding horses** are a simple way to keep feeding safe and steady and regular, especially for horses kept outdoors. They support **horse feeding rules** that support digestion, behaviour, and condition.

- Feed mainly **forage** and make fibre the base of the ration.
- Offer **fresh water** constantly.
- Use **small meals** if bucket feeding is required.
- Adjust feed slowly to support the gut.
- Match the ration to **workload** and condition.
- Monitor **body condition score** regularly.
- Limit **concentrate** feeds when forage is enough.
- Consider **vitamins and minerals** if forage alone is incomplete.
- Promote **hydration**, especially in cold weather or after exercise.
- Reassess the diet when **weather**, grazing, or work changes.

These rules are easy to follow, but they are effective because they reflect how horses actually eat and digest. They also help reduce problems linked to sudden ration changes, high starch intake, and inconsistent forage access.

Which horse feed labels and firms are good to compare?

There are numerous **horse feed companies** to compare, but the ideal pick depends on whether you want a balancer, a full conditioning feed, or a high-fibre complete ration. A good starting point is to compare nutritional analysis rather than marketing claims. That is where **horse feed advice uk** helps most: compare starch, sugar, fibre, energy, and added micronutrients.

Spillers horse feed is one of the better-known names in the market, and it is often compared with other established brands for balancers, cubes, and complete feeds. When looking at any brand, ask whether the product suits a living-out horse, not just whether it is popular. A horse with excellent pasture access may not need a rich conditioning feed at all.

What matters most is the **nutritional analysis**. Check whether the feed is designed as a complete ration or only as a supplement to forage. See how much **digestible energy** it provides, whether the starch level is appropriate, and whether it includes the right balance of **vitamins and minerals**. This comparison is more useful than brand loyalty alone.

Can I prepare a horse feed mix recipe at home?

A home-made **horse feed mix recipe** can be done, but it needs care. The biggest risk is creating a ration that looks practical but is unbalanced in energy, protein, vitamins, and minerals. If you want to use home mixing, keep

the ingredients simple and understand the role of each one.

Common components include **oats**, **barley**, and **beet pulp**. Oats and barley add calories, but they also affect starch levels, so they should be used thoughtfully. Beet pulp is a useful fibre source and can support a more forage-led ration. It is often included because it complements *fibre* intake without [Helpful resources](#) relying heavily on cereal energy.

If you do make a mix at home, remember that a bucket of grain and fibre is not automatically a complete diet. You will still need to consider **vitamins and minerals**, salt, and the overall balance of the ration. For horses living out, a homemade mix is usually best kept as a targeted addition rather than the full feeding plan unless you have expert nutritional guidance.

For most owners, a commercial **complete horse feed** or nutritional balancer is less risky and more reliable. It eliminates much of the trial and error and reduces the chance of failing to provide essential nutrients.

Brief answers to frequently asked questions

Do horses living out need hard feed?

Not in every case. If **forage** from **pasture**, hay, or haylage covers the horse's needs and the horse holds a good **body condition score**, hard feed may not be necessary. Many living-out horses do well on forage alone or with a balancer.

What is the best horse feed for a horse living out in winter?

The best option depends on condition and **workload**. In **winter**, a horse may need more energy, so a high-fibre **complete horse feed**, balancer, or additional forage may be appropriate. The aim is to support **digestible energy** without overloading starch.

How do I know if my horse needs a complete horse feed?

If your horse is living out but losing weight, has limited forage access, or needs a convenient all-in-one ration, a **complete horse feed** may suit. It is also helpful if you want fewer separate **supplements** and a more consistent nutrient profile.

How much horse feed should I give based on workload and condition?

Use a **horse feeding chart** or **horse feed calculator uk** as a guide, then adjust to the horse's **body condition score**, **workload**, and forage intake. More work and poorer condition usually mean more feed, but always increase gradually and use **small meals**.

What is the cheapest safe way to feed a horse living out?

The cheapest safe approach is usually strong **forage** management first: good pasture, hay, or haylage, plus a low-rate balancer if needed for **vitamins and minerals**. That often gives better value than a large bag of concentrate and is usually better for *gut health* and long-term weight management.