

For an office sympathy gift, choose understated flowers such as white chrysanthemums, roses, carnations, or orchids in a modest arrangement. A small bouquet or plant in a neutral container can express care without taking up too much space or drawing unwanted attention.

Choose flowers with a quiet feel

White and cream flowers are common choices for sympathy gifts because their soft colors give an arrangement a calm appearance. Pale pink, lavender, and gentle green can work too. You do not have to choose only white flowers, especially if you know the person would appreciate a little color.

Ask for a simple arrangement rather than a large display. A florist can combine a few kinds of flowers with greenery and keep the shape neat enough for a desk or reception area. These flowers are useful options to consider:

- **Chrysanthemums:** Often associated with remembrance, though their meaning varies by culture.
- **Roses:** White or pale roses make a restrained choice, especially in a small arrangement.
- **Carnations:** These flowers hold up well in a vase and come in soft colors.
- **Orchids:** A potted orchid offers a simple alternative to a cut bouquet.

Think about the shared space

An office gift should be easy to place. A compact arrangement in a stable container is less likely to crowd a desk, block a screen, or get in the way of shared work. If you are sending it to a reception area, check that the recipient will be able to take it home.

Keep fragrance in mind too. Some people are sensitive to strong floral scents, and coworkers may sit close together. You can ask for a lightly scented arrangement and avoid heavily fragrant lilies if you are unsure. You can also ask the florist about avoiding flowers that shed pollen onto furniture or clothing.

Consider the person and the timing

Before ordering, think about what you know of the recipient. Some families or faith traditions prefer other gestures to flowers, and an obituary or family notice may name a charity instead. If a preference has been shared, follow it.

Delivery to the office is not always the best choice. The person may be away, working from home, or not ready to receive attention from colleagues. If you are uncertain, ask someone who knows their circumstances or arrange delivery to their home, with their address and permission.

Include a short, kind note

Your message does not need to explain the loss or try to make it better. A few honest words are enough: “I am sorry for your loss. Thinking of you and your family.” If the gift is from a group, add the names of the people contributing so the recipient knows who sent it.

Choose something that feels considerate of the person and their surroundings. A modest gift with a sincere note can offer comfort without asking anything in return.

Have a look at send flowers to Europe from abroad