

When you want to help **underweight horses** put on weight safely, the ideal **horse feed** is usually one that boosts intake without upsetting the digestive system. In most cases, the smartest choice is a well-rounded ration built around good **forage**, enough **hay**, and a calorie-dense feed that delivers digestible **fiber**, moderate **protein**, and controlled **starch** and **sugar**. In many cases, that means a high-fiber **complete feed** or a well-formulated **performance feed**, not just the richest grain mix available.

The right plan depends on why the horse is thin, how severe the **weight loss** is, and the horse's **body condition score**. Some horses need more digestible energy. Some others need better dental care, parasite control, or a veterinary check before any feeding changes. The goal is always **weight gain** that supports **digestive health**, **gut health**, and steady improvement instead of quick fixes.

How to Tell if a Horse Is Underweight

The most dependable method to assess **underweight horses** is by using a **body condition score**. This method evaluates fat cover over the neck, withers, shoulder, ribs, back, and tailhead. A horse with a low score might display visible ribs, a narrow neck, a sharp topline, or a hollow appearance through the hindquarters. A quick or slow decline in **condition score** is often the first sign that something is wrong.

It helps to watch for more than appearance alone. Changes in appetite, sluggish behavior, poor coat quality, and inconsistent manure can all point to problems. Some horses become thin because they are not getting enough calories. Others are eating, but the **digestibility** of the diet is poor, so they cannot use the nutrients efficiently. Illness, pain, parasites, and dental issues can also contribute to **weight loss**.

Before changing feed, compare what the horse is eating now to what it actually needs. That means reviewing **forage** intake, checking if the horse has constant access to **hay**, and noting whether the horse is leaving feed behind. If the horse is thin but still active, you might need a more energy-dense ration. If the horse is very thin, the cause should be identified first so the new feeding plan can work properly.

What horse feed Is Best for gaining weight?

The **best feed for horses to gain weight** is one that delivers higher **calories** while still supporting good digestion. In practical terms, this often means a feed with easily digested **fiber**, balanced **fat**, and enough **protein** to support muscle and tissue repair. The right choice depends on the horse's workload, age, metabolism, and how much forage it already eats.

There are several **kinds of horse feed** that can help, but they do not all work the same way. **Horse feed grain** can add calories quickly, yet too much grain can create a **starch overload** and increase the risk of **digestive upset**. By contrast, feeds designed for slow, steady conditioning often rely on fiber and fat, which are easier for many horses to handle.

If a horse has trouble maintaining weight on hay alone, a **fully balanced feed** may be a strong option because it combines forage-like ingredients with concentrated nutrition. If the horse already eats enough hay but still needs more energy, a calorie-dense concentrate or **performance feed** can fill the gap. The best approach is the one that gives enough energy without sacrificing **balanced ration** quality.

When choosing a feed, look for digestibility first. Palatable feeds matter too, because **palatability** affects how much the horse will actually eat. A feed that smells good, tastes good, and can be fed consistently is often better than a "better on paper" https://www.kulr8.com/online_features/press_releases/in-the-home-of-endurance-

[racing-bifid-brings-grain-free-gut-first-feed-to-the/article_678ae67f-b167-57fb-9517-19a02401d603.html](https://www.horseandhobby.com/racing-bifid-brings-grain-free-gut-first-feed-to-the/article_678ae67f-b167-57fb-9517-19a02401d603.html) option the horse refuses. For many horses, slow, consistent improvement is safer than trying to force rapid gain.

Sugary Feed vs. Complete Feed vs. Grain

Sweet feed for horses is popular because it is often appetizing and easy to consume. It usually contains a mix of processed grains, molasses, and sometimes added pellets. That sweetness can boost palatability, which helps picky horses take in more calories. However, sweet feed may be heavier in **sugar** and **starch**, so it is not always the best choice for every thin horse.

Horse feed grain can supply quick energy, but it should be used cautiously. Large amounts of grain may heighten the risk of digestive problems, especially if the horse is fed too much at once. Horses are built to digest **forage** over the course of the day, not to handle big starch-heavy meals. If grain is used, it should be part of a broader **balanced ration** rather than the entire plan.

Complete feed can be especially useful when a horse cannot eat enough hay or when the diet needs extra support. A complete feed is designed to take the place of part or all of the forage portion of the ration, offering a better level of digestibility and reliable nutrition. For thin horses, this can be an advantage because it increases usable energy without requiring huge meal sizes.

The main tradeoff is simple: sweet feed may be highly palatable, grain may be calorie-dense, and complete feed may be easier to balance. The most suitable option depends on the horse's overall diet, workload, and digestive tolerance. Many horse owners find that a more fibrous feed with added fat gives stronger long-term results than a sugar-heavy mix. The goal is steady **weight gain** with good **gut health**, not just more feed in the bucket.

Best Horse feed Brands for Thin Horses

When people evaluate the **best brands of horse feed**, they usually want a product that promotes weight gain without causing problems. Several major brands offer options that can help underweight horses, but the label matters more than the logo. Look for feeds with solid calorie density, quality ingredients, and a nutrient profile that supports the horse's age and activity level.

Purina horse feed is often discussed first because it offers a broad range of formulas for maintenance, performance, and condition building. **Tribute horse feed**, **Nutrena horse feed**, and **Triumph horse feed** also provide feeds that may work well for thin horses, especially when the horse needs extra calories from digestible fiber and fat instead of excessive starch. The brand name matters less than whether the formula fits the horse's needs.

Some owners shop by availability, convenience, or price, which is why retail and online options are also part of the conversation. **Tractor Supply horse feed**, **Runnings horse feed**, and **Chewy horse feed** searches often lead to products from multiple brands and formulations. That can be practical, but it also means you should compare ingredient panels and feeding directions carefully rather than choosing only by store.

Purina Options to Consider

Within the Purina lineup, **Purina Impact Horse Feed** is often considered by owners looking for a feed that supports body condition and usable energy. **Purina Impact Performance** is another option that may suit horses needing more calories for work or recovery. **Purina Performance Horse Feed** can also be useful when the horse needs a higher-energy ration that still supports muscle and endurance.

These products are not identical, so the best one depends on how much **weight gain** is needed and how much exercise the horse gets. A horse in light work may not need the same calorie level as a performance horse. If the horse is very thin, the feed should also be paired with enough **hay** and a feeding schedule that avoids large, abrupt changes.

Other Popular Feed Brands

Tractor Supply horse feed may include various label or house-label options, and **tractor supply sweet feed** is often picked for flavor and simplicity. Just remember that sweet feed may not be ideal if the horse is reactive to starch or sugar. **Runnings horse feed** can **horse feed for weight gain in UAE** also be a convenient option for multiple feed styles, depending on what is stocked and what the horse needs.

Chewy horse feed is often searched for by owners who want delivery convenience or access to a broad product list. The main benefit is variety, but the same rule holds true: compare ingredients, guaranteed analysis, and feeding instructions before ordering. A good feed is not the one with the flashiest name; it is the one that helps the horse eat enough and break it down well.

How Much Feed or Food Do You Give Per Day?

There isn't one simple answer to **how much grain to feed a horse per day**, because the right amount depends on **body weight**, workload, metabolism, and the amount of forage the horse already consumes. That said, feeding should always start with the horse's total **daily ration**, not just the concentrate portion. The goal is to create a feed plan that increases calories gradually while keeping digestion stable.

A **horse feeding chart** can be a helpful starting point because it estimates intake based on body weight and condition. Even so, charts are only guides. A small horse in light work will need less than a large horse in hard work. The horse's current body condition score, appetite, and response to feed count just as much as any chart.

The safest way is to make changes slowly. If more calories are needed, increase the ration in small steps over several days to reduce the risk of digestive upset. The horse should always have access to clean **water**, and feed should be divided into manageable meals. For thin horses, frequent smaller meals often work better than one large serving of **horse feed grain**.

It's worth remembering that more grain is not always better. In many cases, improving the forage base, adding a calorie-dense concentrate, and monitoring body condition score will produce better results than simply dumping extra feed into the bucket.

How Much Does Horse Feed Cost?

Horse feed cost varies widely depending on the label, recipe, quality of ingredients, and package size. If you are asking **how much does horse feed cost**, the clearest answer is to evaluate cost per day rather than only cost per bag. A lower-priced bag may require more scoops per feeding, which can make the real cost higher than expected.

A **horse feed cost calculator** can help figure out the monthly expense by combining the price per bag with the feeding rate. That matters especially when a horse needs a more calorie-rich ration for an extended period. A feed that costs more per bag may still be more economical if the horse requires less of it to maintain condition.

When comparing options, factor in how much **forage** the horse also needs. If the horse can get most calories from hay and only a modest amount of concentrate, the total expense may stay reasonable. If the horse needs a specialized complete feed, the feed bill may be higher but still worth it if it prevents continued weight loss.

Cost should never be separated from quality and safety. A feeding plan that reduces expenses but leads to slow weight gain, poor gut health, or digestive upset is not truly economical. In the long run, the most effective plan is often the one that supports steady improvement and keeps the horse eating consistently.

What Are the Most Problematic Horse Feed Choices for Weight Gain?

Some of the **least suitable horse feed brands** for adding condition are not necessarily inferior brands across the board, but products that are ill matched to the horse's needs. For example, low-calorie feeds with too little digestible fiber may not deliver enough calories for thin horses. A **poor-quality feed** can also create problems if it relies on inexpensive fillers that the horse does not digest well.

Another major concern is **excess starch**. Feeds that are high in grain can create rapid energy spikes, but they can also trigger **digestive upset** and disrupt hindgut function. That is especially risky for horses that are already underweight, because you want them to gain condition without putting strain on the gut.

Feed that is unappetizing can also fail, even if the nutrient profile looks good. If the horse refuses to eat it, the ration does not work. For this reason, palatability and digestibility should be considered together. The safest choice for many horses is a feed with a moderate starch level, an increased fiber content, and enough fat to support managed energy intake.

In short, avoid extremes. Very cheap feed, very sweet feed, or very grain-heavy feed may all cause problems if used without a plan. A better strategy is to choose a ration that supports gradual weight gain while protecting digestive health.

Can You Feed Treats Like Carrots for Extra Calories?

Yes, but only as a small part of the overall plan. **Giving horses carrots** can be a useful way to offer **snacks**, but carrots do not provide enough **fuel** to solve a serious weight problem. They are more of a bonus than a primary feed ingredient.

Snacks should never replace **hay** or a balanced ration. A few carrots can encourage a horse to come to you, help with training, or add variety, but they do not supply enough energy, protein, or fiber to drive meaningful weight gain. If the horse needs more calories, the main solution should be better hay, a suitable concentrate, or a complete feed.

Keep treats little and sensible, especially if the horse has dental issues or a delicate gut. If you want to increase calories, look to feed and forage first. Carrots are fine in moderation, but they are not a weight-gain strategy.

How to Build a Safe Weight-Gain Feeding Plan

The best way to help a thin horse is to start with **forage first**. Good-quality **hay** should make up the foundation of the diet because horses are designed to eat forage throughout the day. If the horse is underweight, increasing forage intake often helps ahead of other changes. Then add a calorie-dense concentrate only if needed.

Make sure the horse has constant access to **water** and that the diet supports normal chewing and digestion. If the horse has dental problems, parasite concerns, or unexplained **weight loss**, involve a **veterinarian** before making major changes. Feeding cannot correct every cause of thinness, and some horses need medical attention before they can gain safely.

From there, build the ration step by step. Increase calories little by little, monitor body condition score regularly, and watch for changes in manure, appetite, and energy level. If the horse is doing well, continue the plan. If the

horse is not improving, recheck the feed, the forage, and the horse's health status. Consistent improvement is the goal.

A practical weight-gain feeding plan usually includes:

- Abundant hay as the base of the ration
- A horse feed that is well digested and appropriate for the horse's workload
- Careful control of starch and sugar
- Adequate fat and fiber for added calories
- Slow ration changes to protect digestive health
- Frequent checking of body condition score

If you want a clear summary, here it is: the best horse feed for underweight horses is usually not the most famous or the sweetest one. It is the feed that helps the horse eat enough, digest well, and gain weight steadily while keeping the whole ration balanced.

FAQ

What horse feed is best for an underweight horse?

The most suitable horse feed for an underweight horse is usually a easily digested, high-calorie option such as a balanced feed or a high-energy feed with plenty of fiber, adequate protein, and managed starch. The feed should promote slow weight gain without causing digestive upset. Be sure to pair it with plenty of hay and enough water.

How much grain should I feed a horse per day for weight gain?

How much grain to feed a horse per day is influenced by body weight, workload, and the rest of the ration. Use the horse's current forage intake and introduce concentrate gradually rather than feeding large grain meals. A horse feeding chart can help guide amounts, but the safest plan is based on body weight, body condition score, and how well the horse tolerates the ration.

Is sweet feed good for horses that need to gain weight?

Sweet feed for horses can assist some horses gain weight because it is often tasty and calorie-dense. However, it may also contain more sugar and starch than some horses handle well. If the horse is sensitive, a higher-fiber complete feed or a more balanced performance feed may be a better choice.

Which horse feed brands are best for weight gain?

Several best horse feed brands can work well depending on the horse's needs, including Purina horse feed, Tribute horse feed, Nutrena horse feed, and Triumph horse feed. Purina Impact Horse Feed, Purina Impact Performance, and Purina Performance Horse Feed are commonly considered for added calories and support. The right choice depends on the horse, not just the brand.

Can carrots help an underweight horse gain weight?

Feeding horses carrots is acceptable as an occasional treat, but carrots do not provide enough calories to meaningfully improve body condition. They can be part of a healthy routine, but they should never replace forage, hay, or a proper weight-gain feeding plan. If the horse needs extra calories, focus on the main ration first.